Recommendations on the Use of Inclusive and Gender-Sensitive Language

It is recommended that manuscripts submitted for review and potential publication in the journal *Sintagma* use inclusive language and apply a gender-sensitive perspective. This entails adopting forms of expression that avoid discrimination and exclusion of any individual or social group, whether on the basis of language, age, place of origin, sexual orientation, or other factors, especially with regard to gender. This includes the use of terms and linguistic structures that acknowledge and make all people visible, regardless of their gender, race, etc. The aim is to foster an ethical, critical, and reflective use of language that reflects diversity and promotes a more equitable and respectful environment. The journal's editorial board and reviewers reserve the right to reject any manuscript deemed to contain sexist, racist, LGBTIphobic, and/or ableist content.

The evaluation of inclusive language practices will be based on the following three core principles:

1. **Flexibility:**

Wherever possible, collective nouns should be used (e.g., *faculty*), including expressions that may not yet appear in official dictionaries but are widely accepted in social use (e.g., *student body*, *dear all*), as well as gender-specific terms when referring to a particular person or group of the same gender (e.g., *Mercè Rodoreda, writer*).

Before choosing gendered duplication (e.g., *the male and female professors involved*), authors are encouraged to consider whether its repeated use throughout the text could affect readability. Therefore, officially recognized linguistic conventions such as the generic masculine (e.g., *the user*, *the users*) are also accepted.

2. **Consistency:**

A coherent use of inclusive language must be maintained throughout the article to ensure a uniform writing style. Accordingly, if gendered duplication is chosen, it should be applied consistently to nouns, determiners, and adjectives across the entire text.

3. **Appropriateness:**

Language use should be appropriate to the context and the discursive purpose of the text. Since the journal publishes academic work, a standard and officially recognized register is expected. Gendered duplication may not always be suitable in every context.

Other forms that are not yet officially recognized or are discouraged by language academies—such as the generic feminine (e.g., *dear all* in a feminine form) or the use of "i" to denote inclusivity (e.g., *todes*)—are not permitted in submitted articles.